

These sources are for information purposes and are specific to individuals ages 60 and up.

Central Ohio Area Agency on Aging (COAAA)

(614) 645-7250 or (800) 589-7277 www.coaaa.org Email: coaaa@coaaa.org

The Central Ohio Area Agency on Aging is an advocacy, service-providing and development agency, serving the interests of older adults in eight counties (Delaware, Fairfield, Fayette, Franklin, Licking, Madison, Pickaway and Union). Programs include Older Americans Act, PASSPORT, Franklin County Senior Options, Volunteer Guardian, Speakers Bureau, Caregiver Support, Training and Education.

PASSPORT provides an in-home alternative to nursing home care for those 60 and over. Services available include homemaker, transportation, personal care services, home-delivered meals, emergency response systems, adult day services and case management.

To be eligible for PASSPORT, a person must be 60 years of age or older, meet the financial requirements, have qualifying ADL/IADL functional impairments and meet additional admission criteria. PASSPORT is available in all eight counties serviced by the COAAA. In addition, those who are eligible for PASSPORT receive a Medicaid card to cover the cost of medications and health care and related costs.

Franklin County Office on Aging - Senior Options

(614) 462-6200 www.officeonaging.org/fcso

Senior Options available services include homemaker, home-delivered meals, personal care assistance, transportation, emergency response systems, adult day services, incontinence supplies, nutritional supplements and durable medical equipment. These services are based on a sliding fee scale.

To be eligible, a person must be 60 years of age or older, a resident of Franklin County and have a demonstrated unmet need for service.

Social workers, healthcare professionals and law enforcement may submit referrals online. Once a referral is made, a Senior Options case manager will follow up with the client.

Senior Options Referrals: (614) 462-6200 & on-line at www.officeonaging.org/common/referrals.asp.

FIRSTLINK

Dial 2-1-1

FIRSTLINK helps residents connect to critical community resources available in Franklin County.

FIRSTLINK's comprehensive information and referral service connects those in need with thousands of social service, government and community resources – to help find a solution to any need. Free and confidential, 2-1-1 is available 24 hours a day, seven days a week.

2-1-1 Ohio



211 is a simple, easy-to-remember number to call when you need help or access to human services. Just dial: 211. It is a free 24-hour service so you get the help you need when you need it. It will immediately forward you to the local 211 center where you will talk to a LIVE person. The center will then direct your call to the appropriate agency. 211 Ohio is now serving 38 Ohio counties.

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Home Assessments

Alzheimer's Association, Central Ohio Chapter

(614) 457-6003 / 24/7/Helpline: (800) 272-3900 www.alz.org/centralohio

Interdisciplinary team makes **FREE** home assessments for people living with Alzheimer's disease and related disorders.

Central Ohio Arthritis Foundation - Home Assessment/Fall Prevention Program

(614) 876-8200 www.arthritis.org/chapters/central-ohio

The Arthritis Foundation, Central Ohio Chapter, provides the expertise of occupational therapists to help individuals maintain their safety and ability to complete activities of daily living. Occupational therapists, upon request, visit the homes of Central Ohio residents with arthritis. This service is **FREE**.

During the visit the occupational therapist will:

- Assess the ability to cook, bathe and dress
- Identify any physical barriers in the home
- Recommend adjustments and modifications in the home
- Teach the resident to use self-help devices
- Teach the resident to protect his or her joints and conserve energy

John J. Gerlach Center for Senior Health

(614) 566-5858 www.ohiohealth.com/body.cfm?id=1542

Services include a Balance & Mobility Clinic (*includes a home assessment*), Comprehensive Geriatric Medical Consultation, Adult Day Health Program, Support for Caregivers, Health and Wellness Education Programs and Exercise Programs.

LifeCare Alliance

(614) 278-3130 www.lifecarealliance.org

Other

Central Ohio Parkinson Society

(614) 486-1901 or (866) 920-6673 www.centralohioparkinson.org

Services include resources for individuals with Parkinson's disease and their families and support groups.

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Services include:

Meals on Wheels delivers nutritious meals to homebound older adults and chronically ill residents 365 days a year.

Senior Community Dining Centers provide hot, nutritious lunches at more than 25 locations in Central Ohio. Transportation is available to most locations.

Help-at-Home assists with activities of daily living that homebound individuals cannot accomplish alone. The homemakers perform light housekeeping and run errands for clients.

The **Wellness Centers'** skilled team of Registered Nurses specializes in the care of older adults and helps each client achieve his or her optimal level of good health. **Foot Care Clinics** are also conducted.

The **Cardinal Health Visiting Pharmacist** helps homebound clients manage their medicines by conducting a thorough review of all prescriptions, over-the-counter medications and herbal preparations.

The **Visiting Nurse Program** is a Medicare certified agency providing skilled in-home care to individuals who are recovering from injuries or long-term health conditions.

Mount Carmel Senior Services

(614) 234-8170 www.mountcarmelhealth.com/programs-services/senior-services/

Exercise and Wellness Programs at various locations in the community.

Many times we do not know where to turn when we, as individuals, or a loved one need assistance. Hopefully this information will lead you to the assistance which is needed. This information provided by your fire and EMS department, the Norwich Township Fire Department. If you have any questions or need any additional information, please do not hesitate to contact the EMS Coordinator, Vince Papa at 876-7694.