



NORWICH TOWNSHIP FIRE DEPARTMENT
5181 Northwest Parkway
Hilliard, Ohio 43026
614-876-7694



55 and Up: Home Safety and Prevention Program

**What if I fall?
What if I am sick?**

Your fire department is here for you when you need it. If you have a fire or medical emergency, or are not sure if it is an emergency, Dial 911 for assistance.

EMS (Emergency Medical Services):

The Norwich Township Fire Department provides Advanced Life Support services to take care of you. When you Dial 911 we will respond to provide the assistance you need. Many times we do not need to transport you to a hospital but are able to provide the assistance you need. A part of our calls are for personal assistance, such as when a person falls and needs help getting back up. We will come out and help you up and if you are okay, we will be on our way to the next call.

Never hesitate to 'Dial 911'.

What if I fall?

As we age, our body undergoes change. Some of these changes we may not like, but we just have to accept and work with them. One of the main purposes of our 55 and Up program is to be proactive and prevent falls. We work to help prevent falls, but we will not prevent all falls.

People ask 'What if I fall'. What should I do? If you fall a lot, a 'medic alert' system should be considered, but at least make sure you have a portable phone with you. As your body changes with age, our muscles change as well. This is why when you fall you cannot get back up by yourself. Don't be afraid to Dial 911 to have us come out and help you up.

Also, as we age, our bones become more brittle and tend to break more easily than when we were younger. If you fall and think you are hurt, you probably are. Call your fire department and let the experts take a look at you and provide the assistance you need.

The bottom line is that if you have fallen, are sick or hurt and need help, Dial 911.

The Norwich Township Fire Department is here for you.

If you have questions, please do not hesitate to contact the department at the above number.

The Norwich Township Fire Department is a proud provider of quality Emergency Medical Services. Please share this information with friends and family to help make our environment safer.